

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2024 – 2025

President Rotary International: Stephanie A Urchick Governor Rotary District 9685: Niranjan Deodhar President Rotary Club of Berowra: Sivaraj Sagathavan Rotary International Theme for 2024 - 2025: The Magic of Rotary



Vol 48 No 06 — December 2024, January and February 2025

We meet second and fourth TUESDAYS @ Berowra RSL Auditorium

December, January, February at a glance



Wed 4 — Mon 16 December: Primary School Citizenship Awards

Sat 7 December: Community Markets; Berowra Rotary Christmas Function 5.30pm

Tuesday 10 December: Dinner Meeting and Annual

General Meeting

Tuesday 28 January: Dinner Meeting Visit of DG

Sat 8 February: Community Markets - second

Saturday this month

Tuesday 11 February: Dinner Meeting

Tuesday 25 February: Dinner Meeting



The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Tuesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: https://hugsan.com/BerowraRotary/

PROGRAMME, MEETINGS, GUEST SPEAKERS, ACTIVITES, MARKETS and SOCIAL

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Tuesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra.

Please call one of the members of Rotary Berowra listed below.

Rotary Year 2024 — 2025

December 2024	Disease Prevention and Treatment Month
Saturday 7	Community Markets
Saturday 7	Social - Christmas function Mooney Mooney Club 5.30pm
Tuesday 10	AGM — last meeting for 2024
January 2025	Vocational Service Month
Tuesday 28	Dinner Meeting — DG Visit
February 2025	Peacebuilding and Conflict Prevention
Saturday 8	Community Markets - Note this is the second Saturday for this month only
Tuesday 11	Dinner Meeting
Tuesday 25	Dinner Meeting
March 2025	Water and Sanitation
Saturday 1	Community Markets
Tuesday 11	Dinner Meeting
Fri 21-Sat 22	District Conference , Pullman Penrith
Tuesday 25	Dinner Meeting

New website address

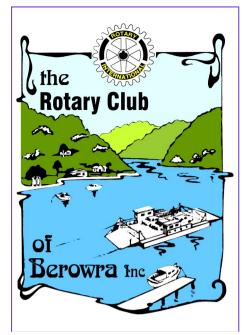
https://hugsan.com/BerowraRotary/

Attendance

For apologies for a meetings, and bringing guests, please contact, Jemima Laughton 0404 057 311 or jem.laughton@gmail.com by 5pm the Monday before a meeting.

Next Bulletin
The next Bulletin will be published for March 2025

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Thursay 27 February @ pmasanders@gmail.com Please note the new email address



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River.

Berowra is situated above a major area of the Hawkesbury.

Berowra Waters — one of Sydney's well known beauty spots — is depicted on our historic Club Banner.

BOARD 2024—2025

President: Sivaraj Sagathavan 0411405 396

Immediate Past President: **Trevor Bailey** President-Elect: **Tom Borg**

Secretary/Club Administration: Peggy Sanders 0413 481 854 Treasurer: Kathy Kendall

Directors:

Community Service: Trevor Bailey

International: Mary Kendall

Youth: Tom Borg

Vocational: **Trevor Bailey**Rotary Foundation: **Rich Moore**Public Image: **Peggy Sanders**

Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders

District Conference Promotion/Club Champion:

Tom Borg

Public Officer: **Trevor Bailey** Welfare: **Jemima Laughton**

Child Protection, Verification Officers: Carolyn

Higgs and Peggy Sanders

Attendance: **Jemima Laughton** 0404 057 311 Web Manager: **Hugh Thomas and Peggy**

Sanders

Facebook: Jennah Bakker, Kathy Kendall and

Peggy Sanders

Report from President Sivaraj—December 2024



At the President's meeting on 23 November 2024 DG Niranjan highlighted the following:

Zonal Recognition

In 2023-24, District 9685 was:

- Top giver per capita to Annual Fund at US\$196.53 just US \$0.57 above next District which was 9810
- Second top giver to the Annual fund overall at US\$305,997– just US\$550 below the top which was District 9800 at US\$306,547
- Second top giver to Polio Plus at US\$94,381 second to D9920 NZ which had an AKS US\$250k to Polio.
- Second top in Other Funds by (US\$362,726) to D9675 which had an extraordinarily large Direct Gift from a Personal Foundation to a Global Grant

Progress on Conference 2025:

- Pitch For Purpose great reaction so far
- Expressions of Interest from 20 schools, 40 teams, one school wanted the whole school to attend!
- If we can convert this intent to attendance, we have already met the aspirational target!
- · Let's get the club-to-team alignment and sponsorship in place

Membership and Foundation:

- District Membership as of 21 Nov 2024 1502
- New members welcomed by 21 clubs: Windsor, The Entrance, North Sydney Sunrise, North Ryde, Northbridge, Mosman, Lower Blue Mountains, Kurajong North Richmond, Ku-ring-gai, Kincumber Social Impact Network, Katoomba, Hunters Hill, Gosford North, Gosford City, Erina, Crows Nest, Castle Hill, Carlingford
- Leaders Richmond (4), North Lakes Toukley (5)

At the **Regional Community Group (RCG) level**, Ivey Chedid of the Rotaract Club of Northern Beaches came up with a Youth Mentorship Programme in view of our Growth Plan, which I found very informative.

Step-by Step Implementation Plan for Rotary Youth Mentorship Programme (RYMP)

Step 1: Preparation and Planning

- 1. Contact Past RYPEN Candidates: Reach out to past RYPEN and RYLA participants to inform them about the mentorship programme and gauge their interest in participating.
- 2. Form a Core Team: Establish a dedicated team to lead the programme, consisting of Youth Directors, Rotarians, Rotaractors, and any other committed individuals.
- 3. Define Roles and Responsibilities: Assign specific roles to each member of the core team, including programme coordination, school liaison, mentorship recruitment, and event organisation.
- 4. Identify Target Schools: Select a list of high schools where the mentorship programme could be successful.
- 5. Develop Materials: Create informational materials, such as presentations and brochures, to introduce the programme to schools and mentors.

Step 2: Engagement with Schools

- 1. Contact Schools: Reach out to the target schools and schedule meetings to discuss the mentorship programme with school leadership
- 2. Present Programme: Conduct a 7–10-minutes presentation to year 10,11, and 12 students, followed by a Q & A session to generate interest.
- 3. Gather Interest: Provide students with a sign-up form (digital or physical) to express their interest in participating.

Step 3: Mentor Recruitment

- 1. Identify Mentors: Reach out to Rotarians, Rotaractors, and other suitable professionals to become mentors.
- 2. Training for Mentors: Organise an orientation session for mentors to outline their roles, effective mentoring techniques, and programme expectations.

Step 4: Programme Launch

- 1. Match Mentors and Mentees: Based on interests and career goals, match each student with an appropriate mentor.
- 2. Initial Meeting: Arrange an introductory meeting between mentors and mentees to establish rapport and set initial goals.
- 3. Set Expectations: Discuss the timeline, frequency of meetings and desired outcomes for the mentorship relationship.

Continued on page 4

Report from President Sivaraj continued

Step 5: Ongoing Mentorship

- 1. Regular Check-ins: Schedule regular one-on-one meetings between mentors and mentees, ensuring consistent support and progress.
- 2. Quarterly Inter-school Events: Organise quarterly events with guest speakers to provide additional learning opportunities for mentees.
- 3. Monitor and Support: Have the core team regularly check in with both mentors and mentees to provide support, solve issues, and collect feedback.

Step 6: Evaluation and Feedback

- 1. Collect Feedback: At the end of the mentorship cycle, gather feed back from both mentors and mentees to understand what worked well and areas for improvement.
- 2. Assess Programme Impact: Evaluate the outcomes of the mentorship relationships, including the impact on student confidence and career planning.
- 3. Adjust Programme: Make necessary adjustments based on the feed back to improve future iterations of the programme.

Step 7: Celebrate and Recognise

- 1. Celebrate Achievements: Hold a closing event to celebrate the achievements of both mentors and mentees.
- 2. Certificates and Recognition: Provide certificates of participation and recognise the contributions of all involved, including the schools and the core team.

In view of the coming festive season, I would like to wish every one Merry Christmas and a Happy New Year.

President Sivaraj Sagathavan



Visit from District Governor Niranjan Deodhar Tuesday 28 January 2025

Niranjan joined the Rotary Club of Beecroft in April 2017. He served as International Chair in 2018-19 and in 2019-20, followed by President for 2020-21. He is currently the Membership Director. He was recognised with the Paul Harris Recognition in 2018. Niranjan holds a Bachelor of Technology degree in Electrical Engineering from the Indian Institute of Technology, Delhi.

Professional background

Niranjan is Founder of Open Orbit (www. openorbit.net) – a technology company with a vision to make the science and art of process design and

improvement accessible to anyone in any organization. With Open Orbit he brings together his expertise in Lean Six Sigma, sustainable process change, and insights in technology to create and build a new software platform for executives, managers and workers looking for practical methods and techniques in process improvement. Niranjan brings extensive experience in senior roles in companies like Genpact (an offshoot of GE), IBM, PwC, Rothmans, and Siemens. He has worked on building new business, creating consulting capabilities and implementing change programs in a variety of cultural and geographic contexts in Australia, India and the Silicon Valley, US. *Personal background*

Niranjan and his wife Vinita joined Rotary together in 2017 and share a passion for tackling pressing issues faced by communities. Both were named Paul Harris Fellows. Vinita is a seasoned senior executive with deep experience in leading change and enhancing enterprise performance in complex environments. She combines business acumen with a deep sense of caring and compassion. She is Chief Product Officer at Open Orbit and non-executive Director, Woodville Alliance. Prior to this she was Executive Director NSW Treasury and served at NSW Government over 13 years. Vinita has a PhD in public economics from Macquarie University.

Local and Global Projects

Along with his Club in 2020-21 (during Niranjan's year as President) Niranjan has contributed to projects such as: The Young at Heart Festival, Virtual Neighbours, Beecroft History Tours in the Big Red Bus, Anzac Day Memorial Service, International Women's Day celebrations and participation in Clean up Australia and Australia Day events. On a global level, Niranjan and Vinita have made multiple site visits to the global grant projects coordinated by their Club over the years. They have engaged with host clubs and beneficiaries and assured of the good use of funds.

Annual General Meeting 2024

Rotary Club of Berowra Inc.

Notice of Annual General Meeting

Date: Tuesday 10 December 2024

Venue: Club Berowra (Berowra RSL) 997 Pacific Highway, Berowra NSW

Time: 7.00pm

Order of Business:

- Adoption of Report of Annual General Meeting 13 December 2023
- Business arising
- Half Yearly Report
- Financial Report 2023/2024
- Adoption of Financial Report
- RAWCS Project Report Shamida Bright Vision
- Appointment of Public Officer for 2025-26 (Dept. of Fair Trading)
- Elections
- The year ahead 2025
- General Business
- Close of Annual General Meeting

Nominations called for the following positions:

- 1. President-Elect: 2026-2027
- **2.** Treasurer: 2025– 2026
- 3. Secretary/Club Administration: 2025—2026
- 4. Directors: 2025—2026

Peggy Sanders Secretary

Nomination Form		
Position:		
Nominated by:		
Seconded by:		

Rotary District Conference 2025



The next **District Conference** will be held on Friday 21 and Saturday 22 March, 2025 at the Pullman, in Penrith.

The Pullman is located adjacent to the Panthers Leagues Club. It is a new Five Star Hotel featuring a 1250 sq.mt. Western Sydney Conference Centre.

Registrations are now open for anyone who wishes to attend, please let me know if you wish to attend. I will be looking after the District Conference Registrations for our Club.

https://ourbetterworld2025.wordpress.com/

PP Tom Borg

From the DG:

Our conference is our biggest opportunity of the year to showcase the power of Rotary to the community, to our friends, and to prospective members. Yes, this is a membership growth and public image opportunity like no other. Just think of it – when 64 clubs come together to create an expo of humanitarianism, service, fellowship and fun, the prospective member or supporter can experience something that no single club can create on their own. We are working hard to shape the conference to appeal to any community-minded person, not only Rotarians. And we need your help at this critical time in the lead up.

We need members to register in good numbers, do it soon (it saves you money, and it helps us plan the cashflow better for your benefit) – register here and register now!

https://ourbetterworld2025.wordpress.com/

What's more, we invite you to BRING A FRIEND, GET A DISCOUNT!

I am delighted to announce the launch of our "bring a friend, get a discount" campaign – the first 20 tickets will attract a discount of \$50 on the regular price of the Saturday day-only ticket. And you need to be registered yourself to avail of this opportunity for a friend.





Christmas Social Function

Saturday 7 December 5.30pm

Mooney Mooney Workers Club

Community Markets

Berowra Uniting Church Markets, Alan Road

Please come along and assist, we need to fill our coffers.

Saturday 7 December Saturday 8 February







Rotary Matters

On air

Friday 3pm—4pm



Happy Birthday to: Janette Bailey (5/12); Mary Kendall (5/12); Fred O'Connor (18/12); Kathy Ruhl (8/1); Nola Van Huissteden (11/1); Yvonne Borg (28/1); Sivaraj Sagathavan (22/2); Shane Fitzsimmons (22/2)

Happy Anniversary to: Tom and Yvonne (20/1); Happy Anniversary of Induction to: Nil



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with

Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form. http://shamidaethiopia.com/donate

Find out how you can help us help the kids: https://shamidaethiopia.com



