

# Rotary Club of Berowra



## Kalori: The Bulletin of the Rotary Club of Berowra Inc

### Rotary Year 2024 – 2025

President Rotary International: Stephanie A Urchick  
Governor Rotary District 9685: Niranjan Deodhar  
President Rotary Club of Berowra:  
Sivaraj Sagathavan  
Rotary International Theme for 2024 - 2025:  
*The Magic of Rotary*



### Vol 48 No 02 — August 2024

#### August at a glance

We are **not** participating in the Community Market  
Berowra Uniting Church, Alan Road Berowra Heights August or September

**Wednesday 14 August:** Dinner Meeting with Jess Llewelyn,  
Dementia Care

*Tuesday 20 August: Turramurra and Chatswood–Roseville  
Trivia and Fun night*

*Thursday 22 August: Cancer Council Daffodil Day*

**Wednesday 28 August:** Dinner Meeting, Tamara Sloper Harding OAM  
Friends of Soibada, Timor–Leste

**Saturday 31 August:** Fathers Day Spring Plant Sale  
Hunt Reserve, Mount Colah

The Rotary Club of Berowra Inc.  
*Asquith to Brooklyn*

Chartered 10 May 1977 First Meeting 25 May 1977  
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm  
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW  
Website: [www.berowra.net/rotary](http://www.berowra.net/rotary) Facebook: Rotary Club of Berowra  
Email: [berowrarotary@gmail.com](mailto:berowrarotary@gmail.com) Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS, GUEST SPEAKERS, ACTIVITIES, MARKETS and SOCIAL

*Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.*

*Visitors, both men and women, are very welcome at the meetings of Rotary Berowra.*

*Please call one of the members of Rotary Berowra listed below.*

## Rotary Year 2024 — 2025

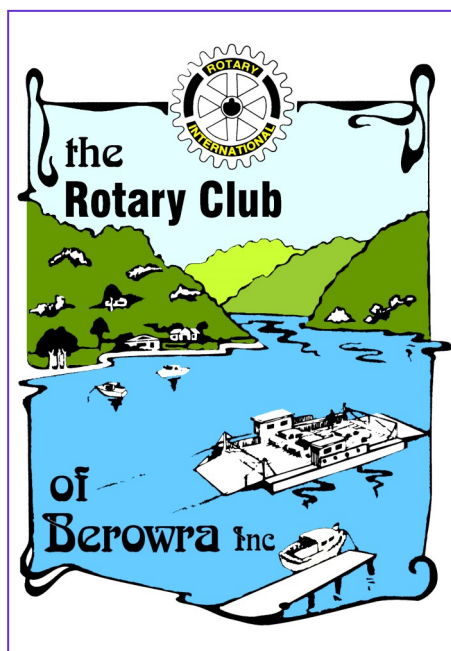
Month	Theme
<b>August 2024</b>	<b>Membership and New Club Development Month</b>
Wednesday 14	Dinner Meeting—Jess Llewelyn, Dementia Care
Tuesday 20	Trivia Night — Turramurra and Chatswood—Roseville Trivia and Fun night
Thursday 22	Cancer Council Daffodil Day stall at Berowra Heights Village
Wednesday 28	Dinner Meeting—Tamara Sloper Harding OAM—Friends of Soibada, Timor –Leste
Saturday 31	Fathers Day Spring Plant Sale
<b>September 2024</b>	<b>Basic Education and Literacy Month</b>
Saturday 7	APEX Woodchop
Wednesday 11	Dinner Meeting
Wednesday 25	Dinner Meeting
<b>October 2024</b>	<b>Economic and Community Development Month</b>
Saturday 5	Community Markets
Wednesday 9	Dinner Meeting
Wednesday 23	Dinner Meeting
<b>November 2024</b>	<b>Rotary Foundation Month</b>
Saturday 2	Community Markets
Wednesday 13	Dinner Meeting
Wednesday 27	Dinner Meeting

### Attendance

For **apologies** for a meetings, and **bringing guests**, please contact, **Jemima Laughton 0404 057 311 or [jem.laughton@gmail.com](mailto:jem.laughton@gmail.com)** by 5pm the Monday before a meeting.

### Next Bulletin

The next Bulletin will be published for September 2024. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 30 August @ [pmasanders@gmail.com](mailto:pmasanders@gmail.com)  
**Please note the new email address**



*Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River.*

*Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our historic Club Banner.*

### BOARD 2024—2025

President: **Sivaraj Sagathavan** (0411405 396)  
Immediate Past President: **Trevor Bailey**  
President-Elect: **Tom Borg**  
Secretary/Club Administration: **Peggy Sanders**  
0413 481 854  
Treasurer: **Kathy Kendall**

Directors:  
Community Service: **Trevor Bailey**  
International: **Mary Kendall**  
Youth: **Tom Borg**  
Vocational: **Trevor Bailey**  
Rotary Foundation: **Rich Moore**  
Public Image: **Peggy Sanders**  
Membership: **Trevor Bailey** 0400 999 226

Additional Roles:  
Bulletin Editor: **Peggy Sanders**  
District Conference Promotion/Club Champion: **Tom Borg**  
Public Officer: **Trevor Bailey**  
Welfare: **Jemima Laughton**  
Child Protection, Verification Officers: **Carolyn Higgs and Peggy Sanders**  
Attendance: **Jemima Laughton** 0404 057 311  
Web Manager: **Hugh Thomas and Peggy Sanders**  
Facebook: **Jannah Bakker, Kathy Kendall and Peggy Sanders**

## Rotary District Changeover 2024 - 2025

District 9685 held their changeover at the Wentworthville Leagues Club on Saturday 29 June 2024. The incoming District Governor, Niranjn Deodhar from the Rotary Club of Beecroft now takes over from the outgoing District Governor Christine Owen.

DG Niranjn also had his own cheer squad with him on the night, His wife Isha and his daughter and son were there too. Although I suppose his wife and daughter were probably not exactly cheer squad as his wife Isha is actually the incoming president of Beecroft Rotary Club and his daughter Vinita is also on the board of Beecroft Rotary.

Prior to the actual Changeover, outgoing DG, Christine Owen, gave a talk about her year (2023-2024) and all the things that she was able to achieve through her year and she also gave an Acknowledgement of Clubs and Individuals Awards Presentation.

It was nice to see that our neighboring club, Hornsby District with whom we have shared many social events under the presidential guidance of Sardia was awarded the Best Small Club Award. (Punch above their weight, recoup lost members and donate to the Malaria Vaccine Project through their Foreign Coin Repatriation Program with well over \$500,000 raised.) It was also good to see a longtime special friend to our Club and a longtime supporter of Schools and Communities in Timor-Leste Theo Glockermann (OAM) (Medal of the Order of Australia) received a Citation and Special Award (Rotary International Service Above Self Award) for his work in Timor-Leste over the last 30 odd years. Theo is known as 'Uncle Theo' to over 1000 kids. (Wife Georgia)



A posthumous Citation was made to Bob Aitkin (AM) (Member of the Order of Australia) from the Lower Blue Mountains Club, who for many years had been involved with District and was the person who had originally instigated the purchase of the property in Parramatta which became the head office for RDU. (Rotary Down Under Supplies). That has since been sold and the new RDU premises is now at Norwest. Bob's wife and daughter were there to accept the award on Bob's behalf. Lindsay May and Tania Mace both received a Lane Cove Citizen Award and Tania also received a Leadership Award.

There was also a very special award that was supposed to be given on that night to our very own incoming President **Sivaraj Sagathaven**, but unfortunately Sivaraj was not able to attend on the night and received his Excellence Award and Citation from Christine Owen at the Warringah Club Changeover instead. This Award is the Rotarian Excellence Award which is given to an individual Rotarian once a year for the great work that they have done for Rotary, Sivaraj has received this award for the great work he has done over the years for the many Vocational Excellence Awards that he has put together and was always there to insure that the clubs had many awardees and that the program was always a success with many friends and relatives in attendance to all of his award nights. When I asked Sivaraj to bring his award with him to a meeting he said that he needed at least a week's notice so that he could work out at the gym in order to be able to carry it. (See page 4)



After the official handover of the District Governor's Collar, DG Niranjn gave a talk about his past and work history in IT and his work in International community support. He also gave us a summary of what he would like to achieve in his year as District Governor. We were shown a brief video from incoming International President, Stephanie Urchick, who told us the story about how she helped to supply water to needy communities in poor countries by purifying dirty polluted water to clean drinking water by means of pipes and filtration. Dirty water would enter from one side of the pipes and come out as clean water on the other side. After the piped water was turned off a couple of boys watching the process asked Stephanie if she could 'show them that magic again'. This is where she got the idea for the new theme, *The Magic of Rotary*.

Our incoming Community Group 5 Leader, Ruth Vumbaca, has hit the ground running with already having a zoom meeting for all her 13 clubs with the presidents and presidents-elect being asked to attend. Unfortunately from a possible 26 people, only 4 presidents and elects were present including Sivaraj and

## Rotary District Changeover 2024 - 2025 *continued*

myself. But calling a meeting at 4.00pm on a Friday afternoon, you probably could not expect much more. But she is looking at kicking off a few projects that would involve all Clubs participating together. (Getting all the Clubs to work together could be a challenging feat in itself, so we wish her all the luck in getting it going.)

The next **District Conference** will be held on Friday 21 and Saturday 22 March, 2025 at the Pullman, in Penrith. The Pullman is located adjacent to the Panthers Leagues Club. It is a new Five Star Hotel featuring a 1250 sq.mt. Western Sydney Conference Centre. Registrations are now open for anyone who wishes to attend, please let me know if you wish to attend. I will be looking after the District Conference Registrations for our Club.



**OUR BETTER WORLD**  
THROUGH PEOPLE & ROTARY  
a sustainability & humanitarian summit

<https://ourbetterworld2025.wordpress.com/>

*PP Tom Borg*

### GRAHAM TURNIDGE AWARD FOR INDIVIDUAL VOCATIONAL EXCELLENCE

#### SIVARAJ SAGATHAVAN



Sivaraj is a member of Berowra Rotary.

He has done an excellent job this past year as Vocational Director and has included the District team in his endeavors to put his Club and Rotary on the local map.

Berowra is not a big Club, however under Sivaraj's leadership they have become involved in a lot of Vocational work and are exemplary in the commitment to Rotary.

Sivaraj, it gives me great please to award you The Graham Turnidge Shield as "An exemplary Rotarian who has enhanced the image of Rotary through commitment, integrity and excellence in their vocation and service to Rotary."

Congratulations.

DG Christine Owen 2023-2024

## Presidents' Meeting – 27 July 2024 via Zoom

The first Presidents' Meeting led by District Governor (DG) Niranjan Deodhar was attended by 62 participants. DG Niranjan then introduced his new District Team that included Joe Dickens as the Club Service District Chair and Neville Hanson as incoming District Secretary.

Steve Thorp presented the current District financial situation that registered a profit of \$6,000 against a budgeted loss of \$35,000. The Current cash reserves stands at \$338,000.

The meeting also covered youth programmes, including a COTA approved E-Interact programme and upcoming training sessions. Winter RYPEN has been planned to be held at Katoomba Christian Convention Centre. The District Conference that will be held on 21-22 March 2025 at Pullman in Penrith aims to target about 500-600 attendees.

The group also discussed the importance of establishing contacts with the national media outlets to enhance Rotary's public image and community engagement. Election of Club Conference Champions by 12 August to drive participation. Clubs have been asked to make a three minute presentation of their favourite project at the District Conference. The notification of the conference topic for three minute presentation has to be made by 26 August 2024.

Presidents are encouraged to support the Rotary Foundation. There was also a warning about emails targeting Rotary Clubs. Importance of two-factor authorisation for payments was emphasised.

The DG thanked the participants for participating in the Zoom meeting.

**Sivaraj Sagathavan**  
**President**

### Science and Engineering Challenge

This is an initiative developed by the University of Newcastle in conjunction with Rotary Clubs in 2000, beginning as information nights in rural areas. The first Event was on the Central Coast, an activity for National Science Week, now it is held Nation-wide. All equipment (owned and maintained by University of Newcastle) for each activity is transported in plastic crates, packed into specialised vans.



During July Gil Stokes and I volunteered again for the most recent Science and Engineering Challenge held at Ravenswood, Gordon. There were 9 schools (Years 9 and 10) and nine activities.

This year I was allocated "Fish Traps" - a special sloping platform with "nails" to divert the fish (marbles) in several directions. This was tested 3 times—average recorded eg. Scenario 1: "Catch half of the medium fish to allow the fish population to be sustained for next season". Catch Goal = 50% medium fish (12 marbles). Penalty: each "small fish caught" = lose 2pts. The students were motivated and worked well together.

In nearly 20 years of assisting at the Science and Engineering Challenge I have only encountered one disruptive boy! Two Newcastle University Staff are in charge of the activities.

**PP Jan Childs**

For more information: <https://www.newcastle.edu.au/college/engineering-science-environment/education/science-and-engineering-challenge>

From the website:

*Rotary have been a critical part of the SEC since its inception. The cooperation between Rotary and their communities is the key to ensuring successful events around Australia. In most regions, local Rotary clubs take the lead role in organising Challenge and Discovery Day events. They bring together local communities, businesses, schools, professional organisations and universities to support the Challenge financially and organisationally. Over 2,500 Rotarians also volunteer at events each year, which means many give up time from their jobs, businesses or families. One of the main reasons Rotary became involved with the SEC was because Rotary has a long history of working with young people, often in the area of the sciences.*

## Meetings and Club Activities July and August 2024

**July:** changes to our meeting space as Berowra RSL. With Berowra RSL's success of the Wednesday night food specials, and it has been pleasing to see our venue buzzing, they have needed the whole auditorium for food service. We have therefore been in the Board Room — a private cosy space and quite satisfactory just for Club members to meet. However, as there are no audio visual facilities readily in the Board Room it is difficult to invite a guest speaker to make a presentation without AV facilities.

For our last meeting when we were to have a speaker on Ukraine, and several visitors to hear her speak we reluctantly postponed the speaker. When we arrived at the Club we were given the space downstairs, with food service, and with a very large screen and suitable AV facilities — it's major drawback is that we also share it with any other patrons who wish to use the space ..... for pool, table tennis etc. We do need to consider our options for meetings. We will go ahead with our speakers in August and assess the suitability of the current arrangements.

**PP Peggy Sanders, Club Administration**

### Wednesday 14 August: Dinner Meeting with Jess Llewelyn, Dementia Care

Jess Llewelyn is Dementia Care Advisor, Dementia Advisory Services for 'Anglicare at Home'. The presentation is based on promoting awareness and education to build Dementia friendly communities.

Did you know that without the development of new treatments or a cure, the number of Australians living with dementia is expected to double in the next 25 years?

Rotary also has programs centred on Dementia Awareness and Support and D- Cafs and supports ADRAG (see page 9)

### Tuesday 20 August: Turramurra and Chatswood–Roseville Trivia and Fun night Turramurra Bowling Club, 6pm for Dinner, 7pm for Trivia

We have been invited by **Turramurra and Chatswood/Roseville Rotary** to attend the Trivia and Fun Night. The goal is to raise funds for the Turramurra 'Books in Homes' project for the children of Moree East Public School where 87% of the students come from the Aboriginal Community. The children receive two new books of their choice per term for three terms each year. Trivia, Games, Raffles, Silent Auctions. 181 Bobbin Head Road, North Turramurra.

**Berowra Rotary** has responded well; there are 16 members, family and friends attending. Bookings closing 16 August — we are paying as a group through Trevor, if anyone else would like to attend let him know. We should consider car pooling. Dinner is available to be purchased by ordering from the bowling club's extensive menu, \$15—\$35. Drinks and snacks to be purchased from the club bar.



22 August

### Thursday 22 August: Cancer Council Daffodil Day Berowra Rotary at Village Shopping Centre

### Wednesday 28 August: Dinner Meeting, Tamara Sloper Harding OAM Friends of Soibada, Timor–Leste



#### What is Friends of Soibada?

Our mission is to build a supportive relationship with Soibada, a small region in remote Timor Leste. First and foremost we aim to be the bridge that links two communities, Soibada and the Northern Beaches of Sydney. With the solidification of a firm friendship between these two communities, Friends of Soibada has been able to support the Soibada community in many areas, including but not

limited to: health and medical, education and teaching, arts and crafts, and infrastructure and community planning.

<https://www.friendsofsoibada.com/>

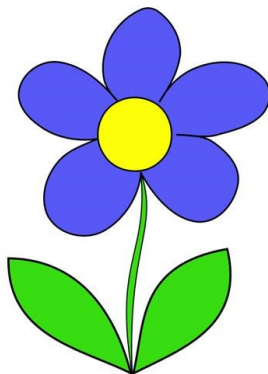
<https://www.facebook.com/friendsofsoibada/>



**Meetings and Club Activities August 2024 *continued***

**Saturday 31 August: Fathers Day Spring Plant Sale**  
Hunt Reserve, Mount Colah

**Rotary**  
Club of Berowra



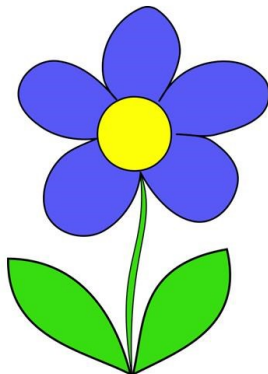
**FATHERS DAY  
SPRING PLANT SALE**  
**Saturday 31 August 2024**

**8.30am - 3.30pm**

**HUNT RESERVE**

**cnr PACIFIC HIGHWAY and BERYL AVENUE, MOUNT COLAH**

**AROUND THE CORNER ON BERYL AVENUE**



Good variety of potted plants suitable for gifts and for freshening up the garden

**ENJOY A SAUSAGE SIZZLE AS YOU BROWSE**

*Berowra Rotary raises funds through the two major plant sales a year to allow us to support our humanitarian, community and youth projects.*

***Helpers required: setting up, unloading, pricing, selling, packing up, and asking for fine weather.***

***Customers required: flyer with your Bulletin - please circulate widely to family and friends.***

# SHAMIDA ETHIOPIA

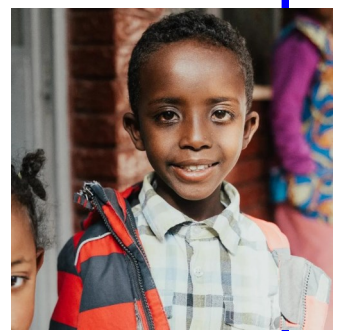
The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form.  
<http://shamidaethiopia.com/donate>

Find out how you can help us help the kids: <https://shamidaethiopia.com>



SHAMIDA  
ETHIOPIA





## Berowra Woodchop Festival 2024: A Timber-Tastic Saturday Showdown!

- **Saturday, September 7th, 2024**
- **10:00 AM to 4:00 PM**
- **Warrina Street Oval, Berowra**
- **Exciting woodchopping competitions:** Witness the skill and strength of professional woodchoppers as they compete in a variety of thrilling events.
- **Live music:** Tap your toes and enjoy the sounds from our talented local musicians
- **Petting zoo:** Get up close and personal with adorable farm animals, a guaranteed hit with the kids!
- **Fairground rides:** Experience the thrill of classic carnival rides and games.



- **Food vendors:** Indulge in a delicious array of food and drinks from local vendors.

**And much more!** We've got something for everyone, so bring the whole family and enjoy a day of fun in the sun.

**Berowra Rotary will have a stall at the Woodchop.**



**Rotary Matters**

On air

Friday 3pm—4pm

## Birthdays, Anniversaries and Congratulations..... August

**Happy Birthday to:** Nil

**Happy Anniversary to:** Nil

**Happy Anniversary of Induction to:** Kathy

Kendall (15/8); Mary Kendall (15/8); Gil Stokes (16/8); Rich Moore (26/8)



*We express our sympathy to Jan Childs on the passing of her only sibling — her younger sister Robyn.*



## Dementia Awareness and Support by Rotary

Listen to an episode of Rotary Matters:  
<https://www.rotarymatters.org/episodes/dementia-and-how-a-d-cafe-works>

**The Alzheimer's / Dementia Rotary Action Group (ADRAG) would appreciate your assistance in distributing the following information to the membership of District 9685**

June marked an important time for all of us as we recognize Alzheimer's and the significant impact it has on individuals, families, and communities. At the **Alzheimer's / Dementia Rotary Action Group (ADRAG)**, we are dedicated to raising awareness, providing support, and fostering hope for those affected by these challenging conditions.

Our mission at ADRAG is not just to bring attention to Alzheimer's but to mobilize action and resources that can lead to meaningful change.

One way to support ADRAG is by encouraging others to become members. For a minimum annual donation of \$25, individuals can join ADRAG and help us in our mission to assist those living with Alzheimer's and dementia. Membership not only supports our initiatives but also connects members with a network of individuals committed to making a difference.

Additionally, members can take an active role by organizing fundraising activities.

For additional information or assistance, Please contact: Chris Nakea  
Public Image Coordinator, ADRAG  
[public.image@adrag.org](mailto:public.image@adrag.org)

Source: <https://rotarydistrict9685.org.au/Stories/district-9685-and-beyond-news-20th-june-2024>