

# Kalori: The Bulletin of the Rotary Club of Berowra Inc



# Rotary Year 2023 - 2024

President Rotary International: R. Gordon R. McInally Governor Rotary District 9685: Christine Owen President Rotary Club of Berowra: Trevor Bailey Rotary International Theme for 2023 - 2024: Create Hope in the World



# Vol 47 No 07 — April, May 2024

#### **April** — Environmental Month

Saturday 6 April: Community Market, Berowra Heights (weather permitting)

**Wednesday 10 April:** Berowra Rotary Pride of Workmanship Awards Dinner Awardees, their sponsors, and Guest Speaker Brad Baker of the Powerhouse Museum

Wednesday 24 April: Dinner Meeting — Club Forum and Plant Sale Planning

Thursday 25 April: ANZAC Day

May — Youth Service Month Saturday 4 May: District Assembly

Wednesday 8 May: Dinner Meeting

Saturday 11 May: Mothers Day Plant Sale

Wednesday 22 May: Dinner Meeting

The Rotary Club of Berowra Inc.

Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: <a href="www.berowra.net/rotary">www.berowra.net/rotary</a>
Facebook: Rotary Club of Berowra
Email: <a href="mailto:berowrarotary@gmail.com">berowra.net/rotary</a>
Facebook: Rotary Club of Berowra
Email: <a href="mailto:berowrarotary@gmail.com">berowra.net/rotary</a>
Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS, GUEST SPEAKERS, ACTIVITES, MARKETS and SOCIAL

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

#### **Rotary Year 2023 — 2024**

April 2024	Environmental Month
Saturday 6	Community Market
Wednesday 10	Berowra Rotary Pride of Workmanship Awards Dinner—Awardees, their sponsors, and Guest Speaker Brad Baker of the Powerhouse Museum Do you want to be famous?
Wednesday 24	Dinner Meeting - Club Forum and Plant Sale Planning
Thursday 25	ANZAC Day
May 2024	Youth Service Month
Saturday 4	District Assembly 8.30am—4.00pm
Wednesday 8	Dinner Meeting
Saturday 11	Mothers Day Plant Sale
Saturday 18	Social — Lovedale Long Lunch
Wednesday 22	Dinner Meeting
June 2024	Rotary Fellowships Month
Saturday 1	Community Markets
Wednesday 12	Dinner Meeting
Wednesday 26	Dinner Meeting
	Rotary Year 2024 — 2025
July 2024	
Saturday 6	Community Markets

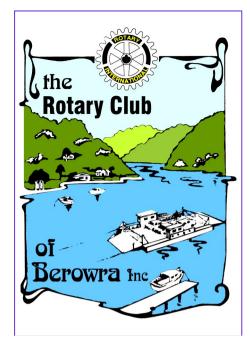


#### **Attendance**

For apologies for a meetings, and bringing guests, please contact, Peggy Sanders 0413 481 854 by 5pm the Monday before a meeting.



The next Bulletin will be published for June 2024. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 24 May @psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury

River. Berowra is situated above a major area of the Hawkesbury.
Berowra Waters — one of Sydney's well known beauty spots — is depicted on our historic Club Banner.

#### **BOARD 2023—2024**

President: Trevor Bailey

Immediate Past Presidents: Jeanette Bakker (dec); Trevor Bailey and Peggy Sanders President-Elect: Sivaraj Sagathavan

Secretary/Club Administration: Peggy Sanders

0413 481 854

Treasurer: Kathy Kendall

#### **Directors:**

Community Service: Rich Moore International: Mary Kendall

Youth: Tom Borg

Vocational: Sivaraj Sagathavan Foundation: Rich Moore Public Image: Peggy Sanders

Membership: Trevor Bailey 0400 999 226

#### **Additional Roles:**

Bulletin Editor: Peggy Sanders
District Conference: Peggy Sanders

Public Officer: Trevor Bailey

Welfare: Jan Childs

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854

# **MONTHLY THEMES**





# **RYLA REPORTS 2024**





# RYLA 2024 David Dzuira and Armaan Kapotra

Report from our RYLA participant David Dzuira 14 February 2024

David, who was one of the 71 participants sponsored by 48 Clubs, initially he did not know much about the Rotary Youth Leadership Award (RYLA). All that he was told was that it'll be a life changing experience and with the others too, saying the same thing, he decided to give it a try. He said that the

striking feature of this programme was good friendship, apart from the need to follow instructions and making one's own bed. Knox Grammar was apparently a very nice venue.

He found Shane Fitzsimmons a very well spoken and inspiring speaker who inspired him to take some of it and use it in his own life. The most surprising thing was the substantial amount he got out of it. It turned out to be not a summer camp. The 71 of them were involved in an activity that was designed to fail, resulting in absolute chaos with information overload. It had an emotional effect that one could not achieve even something so simple. Later in the week it was more rewarding. He said that he would go again if he could. Upon his return home, Kathy, his mum related that he said, "I'm so glad that I'm home but I wish I was at RYLA". The RYLA Dinner at the Magpies Waitara was attended by 217 people.

Sivaraj Sagathavan

Report from our RYLA participant Armaan Kapotra — page 4

# RYLA REPORTS 2024 continued

#### Report from our RYLA participant Armaan Kapotra 28 February 2024

Armaan found that a lot of what he learnt in RYLA could be used in real life experiences. It was for him an 'ice-breaker'. He found the leadership camp got everyone involved and that it was important to be fair to everyone and be respectful. Armaan informed that there were a number of very good speakers. He found Shane Fitzsimmons very influential. Being a leader one needs to speak up.

He related the fun he had in a number of hands-on activities and also making new friends. The first night of activities that also included playing games and wrestling went on till 3 am! He said that he learnt a lot at RYLA and would gladly recommend RYLA to his friends.

Sivaraj Sagathavan

# DISTRICT GOVERNOR CHRISTINE OWEN

### Visit by DG Christine Owen, 14 February 2024

DG Christine said that it was so nice to see us in person (her 'Official Visit' had been on Zoom). She also thanked our AG Michael MacQuillan for attending the meeting.

Christine said that it was an honour to be District Governor. She gets about 300 emails a day and had to keep up everyday. DG Christine completed all her Club visits at the end of November. She said that RI has given us an opportunity to run our Rotary activities in a different way and that she is the last DG under the current format.

As from 1 July 2024 the roles are going to be significantly different. We have been given this opportunity to try this new way. Our District will be divided into five Rotary Community Groups. The Rotary Club of Berowra will be in the Rotary Community Group 5 with 11 Rotary and 2 Rotaract Clubs.



Kathy Kendall and Christine Owen at RAWCS.

Instead of AG we'll be having a Rotary Community Leader. The Clubs function independently as before but we get opportunities to work with other Clubs. Over the last 119 years there has been very few changes and very few younger people. So we are looking at different ways of doing Rotary.

Sivaraj Sagathavan



**District Conference 2024** 

Friday 15 and Saturday 16 March

See pictures with Berowra Rotarians on page 6

### SHAMIDA DONATION

Kathy Kendall and Mary Kendall spoke recently to Berowra Lions Club, and they received a generous and much appreciated donation of \$1000 to Shamida.

The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with

Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be

able to view the RAWCS form.

http://shamidaethiopia.com/donate

Find out how you can help us help the kids: <a href="https://shamidaethiopia.com">https://shamidaethiopia.com</a>.















SHAMIDA BRIGHT VISION

A registered RAWCS project

The Rotary Club of Berowra

www.shamidaethiopia.com

The Lions Club of Berowra Inc.

SHAMIDA BRIGHT VISION

Lions - We make things happen \$1000.00

The sum of ONE THOUSAND DOLLARS

1234567 123 456 123 456789

Multiple District No 201N5

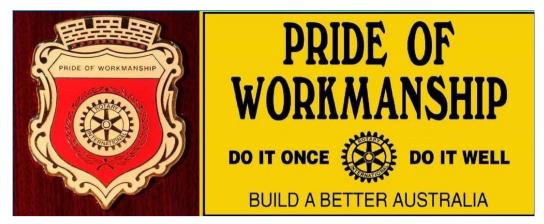
Date: 20\*\* March 2026

Rotary (C)

# **DISTRICT CONFERENCE MARCH 2024 PICTORIAL**



# PRIDE OF WORKMANSHIP



The Pride of Workmanship Award is designed to acknowledge an employee, irrespective of age or vocation, who in the eyes of his or her employer, displays outstanding qualities in terms of approach, attitude, dedication and commitment, to his or her job. The Award is intended to cover all aspects of work performance and ethics, inclusive of quality and quantity output, safety, initiative and sense of responsibility.

Pride of Workmanship is not a competition and there are no winners. It is recognition of individual achievement and commitment.

The emphasis is upon the theme: Do it once. Do it well. Build a better Australia.

The Pride of Workmanship Award objectives are:

- ♦ To Promote Vocational Service
- ♦ To encourage Pride of Workmanship in all vocations
- ♦ To provide employers with an opportunity to recognise employees who display the qualities worthy of an award
- ♦ To encourage favourable employer/employee relationships and a sense of community pride in individual achievement
- ♦ To provide an opportunity for Rotary to be involved in the community.

#### **Berowra Rotary Pride of Workmanship Awards Dinner**

Wednesday 10 April 2024

6.30pm for 7.00pm

Club Berowra

Guest Speaker Brad Baker of the Powerhouse Museum Do you want to be famous?

We will welcome our awardees and their sponsors.

# **SCIENCE AND ENGINEERING CHALLENGE**

Gilbert Stokes and I have been supporting this "very special "activity for many (?) years. Some other Berowra members have been also.



#### Science and Engineering Challenge

This is an initiative of the University of Newcastle....an opportunity for Year 9/10 Students to experience a series of activities demonstrating a range of subjects with a scientific base —an insight to future study and occupations.

"Students are encouraged to approach the challenges with creativity, innovation, and teamwork. Through the Challenges students experience aspects of Science & Engineering which they would not usually see in the school environment."

Each day for a week eight schools (Public and Private) attend from 8am to 2pm — 1/2 hour lunch break. There are 7 half day activities...Helter Skelter Shelter, Job Juggle, Flight, Electrica City, Fish Traps, Confounding Communications, Windbine and the Bridge (all day). Using a range of basic materials eg. paddle pop sticks, masking tape(10m limit) wire paper clips, thin balsa wood sticks, cardboard etc.

At the conclusion of the day, when everything is packed away, all the students sit on the floor to watch the Finale....Testing the strength of all the Bridges: Permanent approaches are set up with a flexible surface in place to cover the "constructed" bridges. A small metal Vehicle which can hold metal weights, is positioned to go from one side to the other until it collapses. Points are awarded for the strongest.

Rotarians (and others) are used as staff/ observers. No school staff are allowed to participate!

I have been attending this annual activity for many years and have never been disappointed!! The Science and Engineering Challenge is held throughout Australia, with a National Event at the end of the year.

We usually go to a building at Sydney Olympic Park, but one year it was held at Sydney Lower Town Hall and another at Ravenswood School Gordon.

Jan Childs

# Science and Engineering Challenge pictures from various websites and facebook sites

https://www.newcastle.edu.au/college/engineering-science-environment/education/science-and-engineering-challenge

https://www.facebook.com/ScienceandEngineeringChallenge











### **Thursday 25 April: ANZAC Day**

March: 7.15am Berowra RFS Service: 7.30am Berowra War Memorial (inside the grounds of Berowra Community and Cultural Facility) on conclusion of march.



Rotary Matters

On air Friday 3pm—4pm

Next Social Lovedale Long Lunch

Saturday 18 May 2024

You need to book your own tickets on sale now.

Talk to Tom or Yvonne

# Birthdays, Anniversaries and Congratulations......

April and May

Happy Birthday to: Carolyn Higgs (24/4);

Julian Leeser (25/5)

Happy Anniversary to: Nil

**Happy Anniversary of Induction to:** Shane Fitzsimmons (8/4); Siveraj Sagathavan(27/4)

#### Roles for 2024—2025

President: Sivaraj Sagathavan (0411 405 396)

Immediate Past President: Trevor Bailey

President-Elect: Tom Borg Secretary/Club Administration: Peggy Sanders 0413 481 854 Treasurer: Kathy Kendall

**Directors:** 

Community Service: Trevor Bailey

International: Mary Kendall

Youth: Tom Borg

Vocational: *Trevor Bailey* Foundation: *Rich Moore* Public Image: *Peggy Sanders* 

Membership: Trevor Bailey 0400 999 226

**Additional Roles:** 

Bulletin Editor: Peggy Sanders District Conference: Tom Borg Public Officer: Trevor Bailey Welfare: Jemima Laughton

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854 Web Manager: Hugh Thomas and Peggy

Sanders

Facebook: Jennah Bakker; Kathy Kendall and

**Peggy Sanders** 

District Assembly: Saturday 4 May 8.30am—4.00pm Registration

https://www.crsadmin.com/eventportal/Registrations/ PublicFill/EventPublicFill.aspx?evtid=bdb45515-1ff9-416e-

aa75-f366ffafe9be





