

# Kalori: The Bulletin of the Rotary Club of Berowra Inc



# **Rotary Year 2024 – 2025**

President Rotary International: Stephanie A Urchick Governor Rotary District 9685: Niranjan Deodhar President Rotary Club of Berowra: Sivaraj Sagathavan Rotary International Theme for 2024 - 2025: The Magic of Rotary



# Vol 48 No 08 — May and June 2025

We meet second and fourth TUESDAYS @ Berowra RSL Auditorium

May and June at a glance

Saturday 3 May: Community Markets — Rotary Stall

**Saturday 10 May: Mothers Day Plant Sale** 

Tuesday 13 May: Dinner Meeting

Tuesday 27 May: Dinner Meeting 48th Anniversary of Berowra Rotary

Saturday 7 June: Community Markets - Rotary Stall

Tuesday 10 June: Pride of Workmanship Dinner and Awards

Saturday 21 June: Social Lunch

Tuesday 24 June: Changeover Dinner

The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Tuesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: <a href="https://hugsan.com/BerowraRotary/">https://hugsan.com/BerowraRotary/</a>
Facebook: Rotary Club of Berowra

# PROGRAMME, MEETINGS, GUEST SPEAKERS, ACTIVITES, MARKETS and SOCIAL

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Tuesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

## **Rotary Year 2024 — 2025**

May 2025	
Saturday 3	Community Markets
Saturday 10	Mothers Day Plant Sale
Tuesday 13	Dinner Meeting
Tuesday 27	Dinner Meeting - 48th Anniversary
June 2025	
Saturday 7	Community Markets
Tuesday 10	Pride of Workmanship Dinner and Awards
Saturday 21	Social Lunch
Tuesday 24	Changeover Dinner
	Rotary Year 2025 — 2026
July 2025	
Saturday 5	Community Markets
	Community Warkers
Tuesday 8	Dinner Meeting
Tuesday 8 Tuesday 22	•
	Dinner Meeting
Tuesday 22	Dinner Meeting
Tuesday 22 August 2025	Dinner Meeting  Dinner Meeting

# New website address

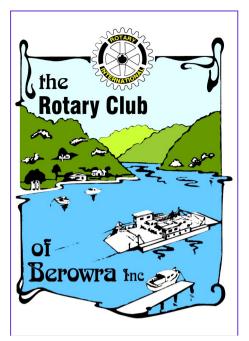
https://hugsan.com/BerowraRotary/

### **Attendance**

For apologies for a meetings, and bringing guests, please contact, Jemima Laughton 0404 057 311 or <a href="mailto:jem.laughton@gmail.com">jem.laughton@gmail.com</a> by 5pm the Monday before a meeting.

#### Next Bulletin

The next Bulletin will be published for July 2025
Please submit your contributions to the Editor, Peggy Sanders,
by 5pm Friday 27 June @ pmasanders@gmail.com
Please note the new email address



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River.

Berowra is situated above a major area of the Hawkesbury.

Berowra Waters—one of Sydney's well known beauty spots—is depicted on our historic Club Banner.

#### **BOARD 2024—2025**

President: Sivaraj Sagathavan 0411405 396

Immediate Past President: **Trevor Bailey** President-Elect: **Tom Borg** 

Secretary/Club Administration:
Peggy Sanders 0413 481 854
Treasurer: Kathy Kendall

Directors:

Community Service: Trevor Bailey

International: Mary Kendall

Youth: Tom Borg

Vocational: **Trevor Bailey**Rotary Foundation: **Rich Moore**Public Image: **Peggy Sanders** 

Membership: Trevor Bailey 0400 999 226

Additional Roles:

**Bulletin Editor: Peggy Sanders** 

District Conference Promotion/Club Champion:

**Tom Borg** 

Public Officer: **Trevor Bailey** Welfare: **Jemima Laughton** 

Child Protection, Verification Officers: Carolyn

**Higgs and Peggy Sanders** 

Attendance: **Jemima Laughton** 0404 057 311 Web Manager: **Hugh Thomas and Peggy** 

**Sanders** 

Facebook: Jennah Bakker, Kathy Kendall and

**Peggy Sanders** 

# May 2025



**May is Youth Service Month** when Rotary Clubs around the world focus on youth services, Rotaract, Interact, RYLA, Youth Exchange and Earlyact.

Youth Service Month —a time dedicated to celebrating the local and global impact of Rotary International's young leaders. While their impact is felt year-round, this month provides a special opportunity to showcase the leadership growth and service efforts of the 350,000+ young people engaged in Rotary's youth programs worldwide.

We recently (on 25 March) heard from **Katerina McGilchrist** on her experience at Summer RYPEN February 2025.



We had our RYPEN candidate Katerina McGilchrist and her dad Tim return to our Club to speak to us

about her experience and challenges at the RYPEN camp weekend held at the Sydney Sports Academy in Narrabeen.

Youth

Katerina spoke very highly of her time at the RYPEN camp and agreed that the programme was of great benefit to her in helping to develop skills in collaboration, leadership, motivation, resilience, and the ability to cope with challenges as well as building confidence. Katerina met new friends as well as some old ones. Katerina showed us photos of her time at the RYPEN camp and one could see that she truly enjoyed her time there and that she had a lot of fun being part of the RYPEN programme.

The Rotary Youth Program of Enrichment is designed for teenagers from 14 to 16 years to help them develop life skills and Rotary Youth is dedicated to |helping young people benefit from opportunities that the many youth programs available through the Youth Arm of Rotary.

## Tom Borg, Youth Director

Winter RYPEN will be held at Katoomba Christian Convention Centre from the 13 – 15 June 2025. We anticipate supporting another young person for Winter RYPEN.

After the very enthusiastic response that **Joshua Nixon** (Josh) had to his experience of RYPEN 2024 we recently sponsored him for the **Rotary Youth Sailing Challenge**, which left from Adelaide 13—17 April 2025.

Josh will return to the Club in the next Rotary year to share his sailing experience with us.



# May 2025 continued

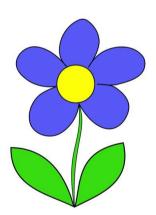
**Meetings in May** 

**Tuesday 13 May: Dinner Meeting** 

Tuesday 27 May: Dinner Meeting 48th Anniversary of our Club







# **MOTHERS DAY PLANT SALE**

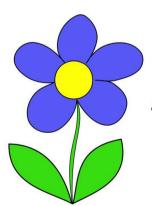
Saturday 10 May 2025 8.30am - 3.30pm

**HUNT RESERVE** 

cnr PACIFIC HIGHWAY and BERYL AVENUE,
MOUNT COLAH

#### AROUND THE CORNER ON BERYL AVENUE

Choose from assorted pots and hanging pots suitable for gifts for your Mum, Grandmother or Aunt and for freshening up the garden



#### **ENJOY A SAUSAGE SIZZLE AS YOU BROWSE**

Berowra Rotary raises funds through the two major plant sales a year to allow us to support our humanitarian, community and youth projects.

Help us to help others https://www.hugsan.com/BerowraRotary/

# June 2025

Saturday 7 June: Community Markets - Rotary Stall

# **Tuesday 10 June: Pride of Workmanship Dinner and Awards**

PP Trevor Bailey is currently seeking awardees for our Pride of Workmanship Awards. If you have any suggestions, please discuss with him.

Saturday 21 June: Social Lunch

Our wonderful Social Director, Partner-in-Service Yvonne Borg will contact us shortly with details for our next social activity.

## **Tuesday 24 June: Changeover Dinner**

You are invited to the Rotary Club of Berowra Changeover Dinner when President Sivaraj Sagathavan hands over to President-Elect Tom Borg.

#### **Unite for Good**

## 2025- 2026 Incoming Board and Directors

President: Tom Borg

Immediate Past President: Sivaraj Sagathavan

President-Elect: Tom Borg

Secretary/Club Administration: Peggy Sanders

Treasurer: Jemima Laughton

Community Service: Trevor Bailey International: Kathy Kendall Youth: Sivaraj Sagathavan Vocational: Trevor Bailey Rotary Foundation: Rich Moore Public Image: Peggy Sanders Membership: Trevor Bailey

Additional Roles:

Bulletin Editor/News Distributor: **Peggy Sanders** District Conference Promotion: **Tom Borg** 

Public Officer: Trevor Bailey
Welfare: Jemima Laughton

Child Protection, Verification Officers: Carolyn Higgs

and Peggy Sanders

Attendance: Jemima Laughton

Web Manager: Hugh Thomas and Peggy Sanders

Facebook: Jennah Bakker, Kathy Kendall

and Peggy Sanders



## Rotary Year 2025 - 2026

President Rotary International: Mário César Martins de Camargo

Governor Rotary District 9685: John Campbell

President Rotary Club of Berowra: Tom Borg

Rotary International Theme: Unite for Good

## **Over Recent Weeks**



On Tuesday 8 April, 2025 **Evelyn Chan** spoke to us on 'Domestic and Family Violence—the current state'. She gave a very interesting and informative presentation.

**PDG Christine Owen** joined us for the meeting. She is an advocate for the Rotary program — 'Say NO to Domestic and Family Violence and YES to Respectful Relationships'.

PDG Christine shared information on 'Safe Hands Bursaries' and 'Strong Arms Scholarships'.

See page 10







### **District Conference 2025**

The 2024 – 2025 District Conference at the Pullman in Penrith proved to be another entertaining Rotary get together enjoyed by all which started out with a Gala dinner on the Friday night. This year's theme was, "The Magic of Rotary" and everyone dressed up as their favourite magical character.

Our MC and host for the night was past District Governor from New Zealand and professional magician Jonathan Usher. He kept us entertained through the night with his magic tricks. The Saturday started with the official opening and the traditional flag flying by all the



international exchange students. Our magical host Jonathan Usher then introduced our District Governor, Niranjan Deodhar who came up on stage not wearing his traditional neck chain The host then put some paper into a metal container and set it on fire, he then closed the lid on it and opened it up again showing the DGs neck chain inside the same container in clean shiny condition.

The guest speakers for the day were very informative and one could see that they were all very dedicated to their particular cause. The emphasis this year being on sustainability and Humanitarian Summit. One in particular that stood out was called "A Journey to the Toilet by Mark Bella (see Yvonne's report page 7).

The Project Showcase was open throughout the day for people to see the different National and International projects that Rotary and District 9685 supports. Our own RAWCS Project, Shamida Ethiopia was also on show, thanks to Kathy Kendall for looking after that for our Club. The project videos sent in by all the clubs were also on display through the day.

PE Tom Borg, Youth Director

#### **District Conference 2025 continued**

#### THE MAGIC OF ROTARY - DISTRICT CONFERENCE 9685 - 22 March, 2025

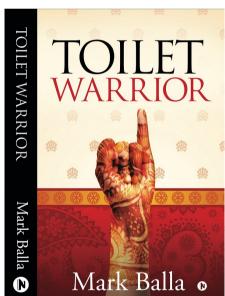
#### **TOILET WARRIOR**

Mark Balla was on a business trip to India about 15 years ago. He met up with a couple of young Indian entrepreneurs who were starting up a business escorting tourists around the slums of India. Mark was directed to a small village called Dharavi, where the poverty was immense. Children who didn't go to school were used for child labour. He also noticed that there was something unusual. He saw primary school boys and teenage boys in schools, but he didn't see teenage girls. This was because there were no toilets in the school.

He learnt that toilets were not in many villages. 10% of children die before the age of five due to water borne diseases. There were no toilets in many homes, schools and businesses. Six hundred million Indian people were forced to defaecate in the streets. Women and girls were raped late at night and early morning as they searched for privacy.



Girls drop out of school as they mature due to there being no toilets and female facilities to accommodate young women and girls during that time of the month. Female teachers are also forced to refrain from attending to their classes during their period and the whole village knows why. This is very humiliating. One teacher commented that she also refrains from drinking water during the day so as to avoid going to the toilet outside. Once a toilet was built at her school she was so grateful to be able to drink a glass of water at the beginning of her day.



Mark was so incensed by what he learnt he teamed up with a business partner and came across the Box Hill Rotary Club where he asked to be a guest speaker and subsequently joined the Club. He spoke to Rotary Clubs and schools in Victoria and gave presentations about these dilapidated schools without toilets. One girls' school in Melbourne raised \$2000 on a mufti day to assist in building a toilet in an Indian village school.

Mark, has continued to advocate and build toilets and facilities for girls over the last 15 years and through hard work, networking and fundraising at schools and Rotary Club conferences, he continues to be an inspiration to anyone who will listen to his toilet warrior stories.

When he first started his toilet journey he asked "But what can I do as I am only one person!" Well, it started with a need to start a charity called "It Can't Wait". As a result of his hard work he has impacted the lives of over 30,000 children who otherwise had little or no access to toilets at school before he came along. For Gemma Sisia, it started with \$10 to begin a school in Tanzania with three children and now hasover 1000 students at the School of St Jude. For Karen Kendall it started with a dream to help vulnerable women and children in Ethiopa called Shamida Bright Vision.

That's what one person can do – you just have to START and watch the magic happen.

#### Yvonne Borg, Partner-in-Service

https://www.toiletwarrior.net/

https://www.toiletwarrior.net/product-page/toilet-warrior-a-book-by-mark-balla

# **District Conference 2025 continued**







# District Assembly Saturday 5 April

Sivaraj, Tom and Peggy attended the District Assembly





We are saddened to hear of the passing of Alice Lovegrove, widow of our long Happy Birthday to: Nil term member the late Max Lovegrove. Alice was a wonderful support to Max, and a great and active supporter of the Club activities. Such a kind and gentle person.

Her funeral will be held Monday 5 May 2025 2pm, Rose Chapel, Palmdale Lawn Cemetery and Memorial Park, 57 Palmdale Road, Palmdale.

https://palmdalegroup.com.au/scheduled-funeralspalmdale/

It is possible to watch the funeral at the above link.



Dear Rotarians and friends of Berowra Rotary Club,

Thank you so much for the lovely Gardenia plant and for your heartfelt expressions of sympathy on the death of my Mother, Jane. Thank you also to

Trevor and Janette Bailey, Rich Moore and Kathy Ruhl and Nola Van Huissteden who represented the Club at her funeral. Your presence and condolences were very much appreciated by me and my family.

> Kind Regards Yvonne Borg

Birthdays, Anniversaries and Congratulations..... May and June

Happy Anniversary to: Nil

Happy Anniversary of Induction to: Trevor Bailey (22/6); Hugh Thomas (27/6)



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with

Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form. http://shamidaethiopia.com/donate

Find out how you can help us help the kids: https://shamidaethiopia.com







Rotary Matters

On air

Friday 3pm—4pm





Together we say





and

Y E to S RESPECTFUL RELATIONSHIPS



Often education is one of the first areas abandoned when domestic and family violence occurs. With the support of Rotary Australia World Community Service (RAWCS), Rotary District 9685's Respectful Relationships Program have created two compassionate funds to provide opportunities for recipients to close this gap.

For school aged children, Safe Hands Bursaries will provide a \$500 bursary to help them experience a 'normal' schooling. So funds can be used for education resources, school excursions, after school activities etc.

For adult survivors of domestic and family violence, Strong Arms Scholarships are designed to enable the attainment of a TAFE or university qualification that can contribute to a career and earning capacity and a sustainable lifestyle.

Each grant offers tax deductibility for donations over \$2. SCAN THE QR CODES TO MAKE A DONATION.

# Scan and Click to Donate



Safe Hands Bursaries



Strong Arms Scholarships